

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato pasta bake WHEAT	BBQ Chicken	Margarita Pizza WHEAT & MILK	Lamb Bolognaise	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
MAIN (OPTION 2)	Rice Bake	Cheese Omelette Milk & Egg	Roasted Mediterranean Vegetable Pizza WHEAT & MILK	Vegetable bolognaise	Vegetable Spring Roll Wheat
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Roasted Garlic & Olive Oil Focaccia WHEAT	Potato Wedges		Penne Pasta WHEAT	Chips
VEGETABLES	Garden Peas	Roasted Cauliflower	Sweetcorn	Roasted Broccoli	Baked beans

EXTRAS

Fresh Fruit Platter and Greek Yoghurt with Honey Available Daily

Tuesday = Vanilla/Banana Cake WHEAT & EGGS

Thursday = Shortbread/Chocolate Brownie WHEAT & EGGS

Week Commencing:



Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

SPRING 2
WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Macaroni Cheese WHEAT & MILK	Chicken Fajita Or Chicken sausage (Alternating weeks)	Vegetable Stir-fry SOY	Spicy Chicken	Fishcake WHEAT, EGG & FISH
MAIN (OPTION 2)	Tomato Pasta WHEAT	Vegetable Fajita Or Vegetable Sausage (Alternating Weeks)	Crispy Tofu	Spicy Halloumi Milk	Potato & Vegetable Croquettes MILK & WHEAT
SIDES Where main includes, portion will be offered as optional extra	Olive Focaccia WHEAT	Tortilla wraps WHEAT Or Mashed Potatoes (Alternating Weeks)	Egg Noodles WHEAT,Egg	Jollof Rice	Chips
VEGETABLES	Roasted Green Beans	Roasted Tomatoes	Sweetcorn	Plantain Coleslaw Egg	Peas
EXTRAS	Fresh Fruit Platter and Greek Yoghurt with Honey Available Daily MILK Tuesday = Vanilla/Banana Cake WHEAT, EGGS Thursday = Shortbread/Chocolate Brownie Wheat,eggs				

Week Commencing:

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